

May 4

SAINT PEREGRINE LAZIOSI

Feast

Peregrine was born in Forlì around 1265. Afire with youthful enthusiasm, he joined other residents of Forlì in the insults and violence that forced Saint Philip Benizi from the town when he sought to lead it back to obedience to the Apostolic See. He was led to repentance by Philip and asked for forgiveness. Moved by divine grace, he then entered the Order of Servants. He lived first in Siena and returned to Forlì where he was known for his penitential life and his charity toward the needy. He died in 1345 and was canonized by Benedict XIII in 1726.

Invitatory

Ant. Come, let us worship the Lord who glorified our brothers and sisters in the service of the Virgin Mary.

Invitatory psalm, as in the Ordinary.

Office of Readings

HYMN

Come, let us praise the holy Lord and Father
Who, in the ways of Peregrine our brother,
Honours our Order, blesses all his people.
Praise to our Lord and God!

Once he would walk in worldly ways so wanton;
Now his reform is virtue and devotion.
Grace takes him forth to find the path eternal.
Praise to our Lord and God!

Close he keeps firm to the Cross of Christ above him,
Sharing the Virgin's sorrow ever-loving;
Heart, mind and person one with Christ becoming,
Praise to our Lord and God!

Rest he foregoes to fight his failing weakness;
Suff'ring he knows, in penitence and meekness.
Cord, fast, and labour form the flesh for freedom.
Praise to our Lord and God!

Listen, good Saint, and hear our supplication.
Give God our plaintive song of invocation
So may we stay in joyful dedication.
Praise to our Lord and God!

Glory to God the Father, the Almighty,
Through Jesus Christ his only Son eternal;
Praise to the Spirit, voice of our devotion.
Praise to our Lord and God!

Melody: 11.11.11.6 Text: Paul M. Addison, O.S.M.

Or another hymn may be sung.

PSALMODY

One of the series of antiphon (A, B, C) may be chosen. The Psalms are taken from the common of saints and blessed of our Order, or from the common of holy men.

Series A.

Ant. 1 It is better to be humble with the meek than to share spoils with the proud.

Ant. 2 To fear the Lord is wisdom and to avoid evil is understanding.

Ant. 3 If you allow me, I will return, for you are the Lord my God; after you brought me back, I repented.

Series B.

Ant. 1 He asked life of you, and you gave it to him you heard his prayer and you healed him, alleluia.

Ant. 2 The sinner shall grow like the grass which withers and dies; the just shall flourish like the palm tree and live, alleluia. Ant. 3 Planted in the house of the Lord, Peregrine has flourished in the courts of our God, alleluia.

Series C.

Ant. 1 Those who wish to come after me, must deny themselves, take up their cross daily, and follow me, alleluia.

Ant. 2 Those who would save their life will lose it; those who would lose their life for my sake and for the gospel will save it, alleluia.

Ant. 3 The gate that leads to life is narrow and the road is rough, alleluia.

V. Be converted and repent.

R. Be renewed in heart and spirit.

FIRST READING

From the letter of the apostle Paul to the Galatians 5:13-26; 6:1-10

The fruit of the Spirit is charity, peace and gentleness

For you were called for freedom, brothers. But do not use this freedom as an opportunity for the flesh; rather, serve one another through love. For the whole law is fulfilled in one statement, namely, "You shall love your neighbour as yourself. But if you go on biting and devouring one another, beware that you are not consumed by one another.

I say, then: live by the Spirit and you will certainly not gratify the desire of the flesh. For the flesh has desires against the Spirit, and the Spirit against the flesh; these are opposed to each other, so that you may not do what you want. But if you are guided by the Spirit, you are not under the law. Now the works of the flesh are obvious: immorality, impurity, licentiousness, idolatry, outbursts of fury, acts of selfishness, dissensions, factions, occasions of envy, drinking bouts, orgies, and the like. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God. In contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, self-control. Against such there is no law. Now those who belong to Christ [Jesus] have crucified their flesh with its passions and desires. If we live in the Spirit, let us also follow the Spirit. Let us not be conceited, provoking one another, envious of one another.

Brothers, even if a person is caught in some transgression, you who are spiritual should correct that one in a gentle spirit, looking to yourself, so that you also may not be tempted. Bear one another's burdens, and so you will fulfil the law of Christ. For if anyone thinks he is something when he is nothing, he is deluding himself. Each one must examine his own work, and then he will have reason to boast with regard to himself alone, and not with regard to someone else; for each will bear his own load.

One who is being instructed in the word should share all good things with his instructor. Make no mistake: God is not mocked, for a person will reap only what he sows, because the one who sows for his flesh will reap corruption from the flesh, but the one who sows for the spirit will reap eternal life from the spirit. Let us not grow tired of doing good, for in due time we shall reap our harvest, if we do not give up. So then, while we have the opportunity, let us do good to all, but especially to those who belong to the family of the faith.

RESPONSORY See Galatians 5:24; Romans 6:11 2 Corinthians 5:15

- V. Those who belong to Christ Jesus have crucified their flesh with its passions and desires,
R. so that they might live no longer for themselves but for him who died and rose for them, alleluia.
V. They should consider themselves truly dead to sin,
R. so that they ...

SECOND READING

Choose one of the following readings.

From a sermon by Saint Leo the Great, pope

(Sermo 2 de Resurrectione Domini, 1.3-5: SC 74, pp. 129-133)

In him we find strength to endure suffering here on earth, and in him we shall receive our share of glory in heaven.

The cross of Christ, which is indispensable for the salvation of us mortals, is both sacrament and example. It is a sacrament because by it the divine power is brought to its full realization; it is an example because it encourages our human devotion. And indeed we may follow its example, for we have been set free of the bonds of captivity as the redemption itself proclaims. For if it is true of worldly wisdom that it is so boastful of its own errors that anyone who chooses to be guided by it will adopt its opinions, customs, and all its decrees, then what are we to say of our fellowship in the name of Christ? Can it be anything other than an inseparable union which is, as he himself indicated, *the way, the truth, and the life*? It is the way of holy fellowship, the truth of sacred teaching, and the life of eternal happiness.

My dear friends, if we really believe in our hearts what we profess with our lips then we have been crucified with Christ; we have died and have been buried; and on the third day we were brought to life again with him. Saint Paul explains this: *Since you have been brought back to true life with Christ, you must look for the things that are in heaven, where Christ is, sitting at God's right hand. Let your thoughts be on heavenly things, not on the things that are on earth, because you have died, and now the life you have is bidden with Christ in God. But when Christ is revealed -and he is your life- you too will be revealed in all your glory with him.* The Lord knows how impossible it is for us to set our hearts on the things that are in heaven rather than on the things here below, and so he promises to us his constant presence: *Remember, I shall be with you always to the end of the world.* It is as the Holy Spirit had truly foretold by the prophet Isaiah: *Behold, a virgin shall conceive in her womb and shall give birth; and they shall call his name Emmanuel, which means God-with-us.* Jesus is true to his name. Though he has ascended to heaven, he has not forgotten his adopted brothers and sisters on earth. He who has taken his place at the Father's side is the same Lord who lives in every part of the body. In him we find strength to endure suffering here on earth, and in him we shall receive our share of glory in heaven.

With such a promise as this, there is no need either to seek empty pleasures or to give way to cowardice in the face of danger. There are plenty of worldly pressures to entice us, and there are numerous dangers on earth, but the *earth is full of the Lord's mercy.* Wherever we are, Christ's victory is with us, to fulfil what he himself said, *Have no fear: I have overcome the world.* Whether we struggle against worldly -ambition, or human passions, or the heretics' attacks, let us always be armed with the Lord's cross. It is always Easter for us so long as we keep ourselves free from the old *Yeast of evil and wickedness* by the sincerity of truth. We should always be mindful of Saint Paul's injunction to us in the midst of all life's changes, so full are they of passions: *In your minds you must be the same as Christ Jesus, his state was divine yet he did not cling to his equality with God but emptied himself to assume the condition of a slave, and became as men are; and being as all men are, he was humbler yet, even to accepting death, death on a cross. But God raised him on high and gave him the name which is above all other names, so that all beings in the heavens, on earth, and in the underworld, should bend the knee at the name of Jesus, and that every tongue should acclaim Jesus Christ as Lord, to the glory of God the Father.*

Saint Paul is saying that if you understand this sacrament of profound love and if you are aware of what the only Son of God has done for the salvation of the human race, then in your minds you must be the same as Christ Jesus. His humility may neither be despised by the rich nor be taken for shame by the wealthy. No human happiness can so deceive itself as to consider shameful that which God himself did not refuse as unworthy: to assume the condition of a slave yet always retain his divinity. Be imitators, therefore, of what he has done; love what he loved. God's grace will come to you and in him you will redeem your human nature. He did not lose his riches in poverty, humility did not decrease his glory, nor

did he lose eternal life by his death. You, too, following his example, must not rely upon worldly goods if you wish to possess the gifts of heaven. To take up the cross is to root out all desires, to put an end to vices, to turn aside from false pleasures, and to renounce all errors.

RESPONSORY See Galatians 6:14; 2:19-20

V. May I never boast of anything but the cross of our Lord Jesus Christ.

R. Through it the world has been crucified to me and I to the world, alleluia.

V. With Christ I have been nailed to the cross and now I live no longer my own life, but the life of Christ lives in me.

R. Through it ...

Alternative.

I carry about in my body the dying of Jesus

In 1283 Saint Philip, Prior General of the Friar Servants of Saint Mary, attempted to lead back to obedience to the Apostolic See the citizens of Forlì then under interdict. He was driven out of the city with insults and violence. While this true follower of Christ was praying for his persecutors, one of the crowd, an eighteen year old by the name of Peregrine of the famous Laziosi family, repented and humbly asked Philip for forgiveness. The holy Father received him with love. From that moment the young man began to scorn the vanities of the world and to pray most fervently to the Blessed Virgin, asking that she show him the way of salvation. A few years later, guided by the Virgin, he received the habit of Our Lady in the priory of Siena where he dedicated himself to her service. There, together with Blessed Francis of Siena, he committed himself totally to the Servite life. After some years he was sent back to Forlì where, because of his love for God and Our Lady, he gave himself to the recitation of psalms, hymns and prayers, and to meditation on the law of God. On fire with love for others, he lavished a wealth of charity on the poor. It is said that he miraculously multiplied grain and wine during a severe shortage in his area.

Above all else, he was outstanding in his love for penance; in tears, he would reflect on the errors which he thought he had made and would frequently confess to the priest. He afflicted his body with various forms of mortification: when tired he would support himself on a choir stall or a rock; when overcome by sleep, he preferred the bare earth to a bed. As a result of this type of life, at the age of sixty he suffered from varicose veins which degenerated into cancer of the right leg. His condition deteriorated to the point that a physician, Paolo Salazio, who visited him in the priory, decided, with the consent of all the friars, to amputate the leg as soon as possible. The night before the operation Peregrine dragged himself before the crucifix in the chapter room. There he became drowsy and seemed to see Jesus descend from the cross to heal his leg. The following day, the doctor arrived to perform the amputation but could find no sign of the cancer, or even of a wound. He was so shocked that he spread the news of the miracle throughout the town. This only increased the people's veneration of Peregrine. The saint died of a fever about 1345 when he was almost eighty years old. An extraordinary number of people from the town and countryside honoured him in death. Some of the sick who came were healed through his intercession.

His body rests in the Servite church of Forlì where it is greatly honoured by the people. Pope Paul V declared him blessed in 1609 and Pope Benedict XIII canonized him in 1726.

RESPONSORY See Galatians 2:20 1 Corinthians 9:27

V. I live by faith in the Son of God who loved me and gave up his life for me.

R. With Christ I have been nailed to the cross, alleluia.

V. I discipline my body and become master of it.

R. With Christ I have been nailed to the cross, alleluia.

HYMN, Te Deum.

Prayer, as in Morning Prayer.

Morning Prayer

HYMN

The Sun of justice rises now
And power does afford
To bear affliction, learning how
To suffer with the Lord.

The Lord comes forth from dark and pain,
His broken, healing hand
He lays upon the member lame
Made whole at his command.

See how the Servant tends the poor
And aids them in their need.
He offers bread and drink made more
By prayers: his holy deed.

Lord Jesus, hear the prayer we raise
Repentant in your name,
And ask the Father, Lord of Days,
To pardon all our blame.

All glory to the Father be
With his co-equal Son,
The same to thee, great Paraclete,
While endless ages run. Amen.

Melody: Saint Anne C.M. Text: Paul Addison, O.S.M.

Or another hymn may be sung.

Ant. 1 I turn my face to you, O Lord; to you I direct my gaze, alleluia.

Psalms and canticle from Sunday, Week I.

Ant. 2 I will praise and glorify the king of heaven, for all his works are true and his paths are straight, alleluia.

Ant. 3 I will praise you, O Lord, and give you thanks, for you have given me wisdom and strength, alleluia.

READING 2 Corinthians 5:14-17

For the love of Christ impels us, once we have come to the conviction that one died for all; therefore, all have died. He indeed died for all, so that those who live might no longer live for themselves but for him who for their sake died and was raised. Consequently, from now on we regard no one according to the flesh; even if we once knew Christ according to the flesh, yet now we know him so no longer. So whoever is in Christ is a new creation: the old things have passed away; behold, new things have come.

RESPONSORY See Psalm 38:22

V. The Lord did not abandon me in my affliction, alleluia, alleluia.

R. The Lord did not abandon me in my affliction, alleluia, alleluia.

V My God did not turn his back on me.

V R. Alleluia, alleluia.

V Glory to the Father...

V R. The Lord did not ...

CANTICLE OF ZECHARIAH

Ant. Blessed be the Lord God who showed his loving kindness to blessed Peregrine and guided his feet

into the way of peace, alleluia.

INTERCESSIONS

Let us bless the Lord, Father of mercy, who has brought us into the light of a new day. Let us pray:

Direct our steps along the way of justice, Lord.

Light our way by your word, Lord.

- So that by your mercy we may find that narrow path which leads to life and perfect freedom

Kindly overlook our faults, Lord, and let your justice overcome our sins.

- Teach us willingly to forgive others and humbly to accept their forgiveness of us.

May we always recognize in the gospel the happy message meant for the poor.

- Make us who have set out to follow the poor Christ serve the poor above all others.

In accordance with the plan of your love, O Lord, all men and women share in the mystery of Christ's death.

- Allow us to experience the power of his resurrection even in this life.

(May our praise and petition find strength in the Lord's own prayer in which all the prayers of the Church become one:) Our Father ...

PRAYER

God our Father, in Peregrine you gave us an outstanding example of the virtue of penance and patient suffering. Encouraged by his example, and supported by his prayers, we ask that the penance we do and the sufferings we endure become for us sources of health and life. We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

Daytime Prayer

Antiphons and psalms from the weekday.

Midmorning

READING 2 Corinthians 5:1-2

For we know that if our earthly dwelling, a tent, should be destroyed, we have a budding from God, a dwelling not made with hands, eternal in heaven. For in this tent we groan, longing to be further clothed with our heavenly habitation.

V. Take delight in the Lord, alleluia.

R. And he will give you your heart's desire, alleluia.

Midday

READING 2 Corinthians 12:9-10

Power is made perfect in weakness. I will rather boast most gladly of my weaknesses, in order that the power of Christ may dwell with me. Therefore, I am content with weaknesses, insults, hardships, persecutions, and constraints, for the sake of Christ; for when I am weak, then I am strong.

V. The just may fall, but will not lie prostrate, alleluia. R. For the

Lord will support them with his hand, alleluia.

Midafternoon

READING 2 Corinthians 4:8-10

We are afflicted in every way, but not constrained; perplexed, but not driven to despair; persecuted, but not abandoned; struck down, but not destroyed; always carrying about in the body the dying of Jesus, so that the life of Jesus may also be manifested in our body.

V. O Lord, do not fail to show your loving kindness to me, alleluia.

R. Your mercy and your truth give me strength, alleluia.

Evening Prayer

HYMN

The Sun of justice rises now
And power does afford
To bear affliction, learning how
To suffer with the Lord.

The Lord comes forth from dark and pain,
His broken, healing hand
He lays upon the member lame
Made whole at his command.

See how the Servant tends the poor
And aids them in their need.
He offers bread and drink made more
By prayer: his holy deed.

Lord Jesus, hear the prayer we raise
Repentant in your name,
And ask the Father, Lord of Days,
To pardon all our blame.

All glory to the Father be
With his co-equal Son.
The same to thee, great Paraclete
While endless ages run. Amen.

Melody: Saint Anne C.M. Text: Paul M. Addison, O.S.M.

Or another hymn may be sung.

Ant. 1 I have not claimed to know anything except Jesus Christ and him crucified, alleluia.
Psalms and canticle from the common of the saints and blessed of our Order, or from the common of holy men.

Ant. 2 Peregrine strengthened is prayer with fasting and almsgiving, alleluia.

Ant. 3 Peregrine bore the death of Jesus in his body so that the life of Jesus might be revealed, alleluia.

READING Romans 8:18-21

I consider that the sufferings of this present time are as nothing compared with the glory to be revealed for us. For creation awaits with eager expectation the revelation of the children of God; for creation was made subject to futility, not of its own accord but because of the one who subjected it, in hope that creation itself would be set free from slavery to corruption and share in the glorious freedom of the children of God.

RESPONSORY See Psalm 31:25

V. Act courageously and you will be consoled, alleluia, alleluia.
R. Act courageously and you will be consoled, alleluia, alleluia.
V. All of you who hope in the Lord.
R. Alleluia, alleluia.
V. Glory to the Father ...

R. Act courageously ...

CANTICLE OF MARY

Ant. Peregrine walked the way of salvation and, as the end of his life drew near, he watched and waited for the coming of the Lord.

INTERCESSIONS

As the day ends, we confidently direct our prayers to God the Father, and so we say:

Sustain us, Lord; in you we hope.

Father, your children are never far from sorrow and death.

- Fill them with the Spirit of courage which shall free and revive them and enable them to bear all things for love of you.

Lord, do not allow us to grow weak in spirit in the eventide of life.

- Strengthen our hearts with the promise of future glory which is to be revealed in us.

Lord, you have taught that the perfection of charity consists in love of God and neighbour.

- Assure us of those friendships which strengthen us in virtue and nourish our love for you.

Lord, you are patient in working out our salvation; give us strength amid the pressures of life.

- Enable us to live in joyful trust.

Our brothers and sisters who persevered in many good works have come into your presence.

- Give them the peace and rest which they have always sought.

(God himself has lifted us up by his grace from being slaves to become his children; so we have the courage to say:)

Our Father ...

Prayer, as in Morning Prayer.

Note: Some biblical texts are taken from: The New American Bible <http://www.vatican.va/archives/>